

# THE GLEICHEN CALL

VOLUME XXXI NO.

NO. 19

GLEICHEN, ALBERTA, WEDNESDAY JULY 27, 1938

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## BLACKFOOT M. D. COUNCILLORS IN REGULAR SESSION

The Blackfoot municipal council held their seventh meeting for this year with Reeve Thorsten, Deputy Reeve Umbricht and Councillors Nelson, Wheatley and McArthur pres-

ent. O. D. Christensen and Alfred Hus-  
ar, chairmen of the council with a  
view of having two council and two  
roads in the community in name  
20, in action 4, Councillor Wheatley  
advised that this was machine  
work and it would necessitate the  
moving of the power outlet south  
which would be the work cost.

The council left the mayor in the  
hands of Councillor Wheatley for  
attention and Mr. Wheatley will dis-  
cuss the matter further with the

delegation and what he could do.

W. H. Moore, a local boy, had  
burnt from sodium chlorate fires at  
8 p.m. on July 8th. He reached home  
from spraying hoary crass and was  
proceeding to change his clothing  
(when boy got home from school).

Commissioner Wheatley was called and  
he called for Dr. Fletcher of Stand

and Mr. Crowe's burns were dressed

he was conveyed to the Calgary Gen-  
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The secretary of the local branch  
of the Canadian Legion, Mr. J. H. Mc-

Nelton, was present and advised the  
workmen engaged in spraying hoary  
crass with this chemical were wear-  
ing long clothes and rubber boots.

Clothing was changed when work  
ended.

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CLOMEN SALT PREVENTS  
HEAT EXHAUSTION

The severe muscle cramps which  
occur among workers exposed to  
unusually high temperatures, are  
common among steel workers, min-  
ers, oyster men and ship stokers. They  
are sometimes called "heat cramps" or  
"heat cramps." While the exis-  
tence of these muscular pains had  
been known to occur it was left to  
J. S. Haldane, the eminent English  
physiologist, to suggest that the cause  
of these cramps was due to the loss of  
salt in the process of sweating. An  
Englisherman, K. N. Moss, had  
previously pointed out that sailors  
suffering from salt water fever  
died from heat exhaustion.

Most people are aware of the symptoms  
of heat exhaustion. These are  
general depression headache, dizziness  
nausea, diarrhoea and stomach distress.

In the severer forms muscle  
cramps occur with heat exhaustion.

As a result of Haldane's suggestion  
salt was induced to try the

effects of salt on the body.

The experiment was conducted on  
salted and unsalted men.

The results were most gratifying.

It was found that the men who had  
salted were less subject to heat  
exhaustion.

The results of the experiment  
was the salt taste.

This has been overcome by the use of 5 gm.

salt tablets to which, as further  
improvement, 5 gm. of dextrose  
are added.

The Journal of Industrial Hygiene  
are given some interesting data on the  
benefits of salt taken in tablet  
form by workers in a large steel  
plant. There were some 3,600 men at  
work in the plant. During the first  
year of the heat cramps were responsible  
for the loss of 48 working days among  
this group. The use of salt was  
begun the following year with the  
result that only nine days were lost.

The next year the loss was but four  
days and the year none.

The means of prevention of the ill  
effects of heat exhaustion are simple.

Ordinarily the use of 5 gm.

of salt with each drink of water is  
ample. Try it.

Division 1, ..... \$960.12

Division 2, ..... 897.84

Division 3, ..... 871.17

Division 4, ..... 880.17

Division 5, ..... 546.83

Division 6, ..... 873.45

\$5191.74

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Help improve your personality with Wrigley's Gum. Keep your teeth white, breath sweet, by using half a stick of Wrigley's daily—or millions do. The children also love the delicious refreshment of Wrigley's Spearmint. Take some home today.

## Dealing With Spies

### French Government Takes Steps To Halt Espionage System

The French Government has issued a decree establishing the death penalty for all persons convicted of espionage. The law was designed to halt the growing number of spy cases in France in recent years.

Several new laws of penal severity, hitherto limited to wartime espionage offences, also were made applicable to peacetime conviction in a new drive which authorities said emulated Germany's recent counter-espionage laws.

There has been a feeling in Government quarters for some time that the existing penalties needed stiffening. The law will be made more stringent in a number of areas in the recent years. In the Strasbourg area alone—near the German frontier—there were 150 convictions on espionage charges in 1937.

The new convictions have averaged nearly four a week.

Behind the Government's decision to re-establish the peacetime death penalty stands the famed Duxieme Bureau with the assignment of smashing foreign spy systems in France.

The new move was embodied in a decree law which also empowered the Government to force foreign agents to remain within a certain distance of fortifications or defence works.

The Duxieme Bureau, directed by the Minister of War, is the secretariat of the war watchdog of its service.

Operating on the principle that the best way to wreck a spy ring is by working up from the bottom, the Duxieme Bureau keeps a keen watch on the spymongers. France's elaborate underground chain of fortifications facing Germany.

Scores of spies are arrested in zone after zone. Today, "the little fellow", the man who is the dangerous work of mapping out defence works or snapping forbidden photographs.

French justice usually is swift, but not fierce. The "little fellow" frequently are kept in jail for more than a year before they stand trial at secret military tribunals. Sometimes the accused are condemned to their fate, when the court announces its verdict. Delay gives French counter-espionage agents time to work their way into the ring that pays the "little fellow".

## Was Busy Month

### American People Asked To Observe Child Health Day

The Washington Post records that during the month of May the American people were asked to observe Child Health Day, National Baby Week, National Music Week, National Egg Week, National Milk Week, National Foot Health Week, National Foot Week, National Foot Health Week, National Foot Health Week, National Maritime Day, Peace Week, Ice Cream Week, Straw Hat Day, Outdoor Cleanliness Day, International Good Will Day.

## Of Small Value

We are not of those who favor state censorship. The great evil of censorship is that it begins, the censor does not know when to stop. But we will say that, no matter whose feelings may be hurt, if that, if from 75 to 90 per cent of our American magazines were legitimate and exciting, the censor should, at least, not the American public, in particular, lose a single iota of anything of the slight value.—San Francisco Argonaut.



## Illustrated His Point

Professor Has New Idea For Penitentiaries And Mental Institutions

Men and women confined in penitentiaries and asylums would undoubtedly emerge as better citizens if they were allowed to establish their own social organization inside the walls of their respective institutions, the American Association for the advancement of Science was advised.

Professor J. D. Ketchum of the University of Toronto, chairman of the association's psychology section, that a group of human beings thrown together in close confinement will, if given the chance, work out their own system of living, work, culture and recreation.

As an illustration he declared that when 3,000 men, of which he was one, were confined to the Ruhleben internment camp in Germany during the war they developed in short time an almost perfect social organization.

Day laborers, diplomats, army and navy officers, enlisted men, members of the English Parliament, all were thrown together into the hodge-podge of the concentration camp and forced to exist in stability where 10 men slept in a stall built to accommodate 200, the reverse, Professor Ketchum declared.

Instead of sinking into despair over their lot the men soon developed a social organization, elected their leaders, organized sports, activities, a general adapted themselves to their surroundings.

"For me the word Ruhleben connotes just four amazingly interesting years, when the years which I would not have missed for anything," Ketchum declared.

Such a prison system might attract the attitude and interest of many criminals, just as it did among the men confined in the Ruhleben concentration camp.

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## The Other Side

### Official Report Shows Hospitals Receive Small Part Of Sweepstakes

Recent news dispatches from Dubuque in an uncertain way state that the hospitals have been given a small financial position due to the millions of dollars which the Irish sweepstakes have drawn from all over the world.

An official report, published the other day in Dublin, reveals that out of more than \$10,000,000 given to the Irish hospitals from the sweepstakes up to Dec. 31, 1926, less than \$10,000 had been paid out to them.

In the sweep on the Grand National on March 25 last, for example, the total amount given to the hospitals was \$2,746,002, of which the hospitals share being only \$637.

Where did the other big amount go? Did nearly half a million pounds go in expenses?—Halifax Herald.

## Young Scientist Honored

### Receives One Of Highest Honors For Value Of Discovery

One of the world's youngest scientists, 28-year-old Dr. Charles F. Code of Mayo foundation, Rochester, N.Y., was awarded the Theodore Smith medal of the American Association for the Advancement of Science.

The award, one of the highest honors in American science, was made in recognition of his discovery that the chemical histamine is normally present in human blood and when present in abnormal amounts indicates tubercular infection or an allergic reaction to the presence of foreign protein.

## Pleasure Short-Lived

A man who had been traveling in a certain country for a year or two was complaining about the trains always being late, when, to his surprise, the train came in on time. He immediately went to the conductor and said, "Here's a cigar. I want to congratulate you. I've travelled on this road for 15 years, and this is the first time I ever caught a train on time."

"Keep the cigar," said the conductor, "this is your train's train."

A stone building containing a lead and a skeleton bellining a well of a well was discovered in the ruined chapter house of the monastery at Arbroath Abbey, Scotland.

"Who is bearing the white man's burden to-day?" asks a lecturer. We'll have a guess: a golf caddie.

There is no fire in volcanoes, molten lava causes the glow.



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## No Insects Allowed

### Trans-Atlantic Airlines To Have Sprinkling System For Pests

Bugs will not be permitted to hitch-hike on the Trans-Atlantic and United States air mail services, it was reported. A report from the American commercial attaché at London said that Imperial Airways has developed a special sprinkling system designed to keep all species of insects away. Imperial Airways and Pan American Airways are to inaugurate joint service between Great Britain and the United States this fall.

For Insects Allowed

## Our Pioneer Forefathers

### Could Tell You Of To-day That Life Is Never Easy

Our young people, if they possess anything of the spirit of their pioneering forefathers, will not feel too sorry for themselves in what they may think to be their present difficulties.

One of the first American settlers, Captain John Smith, who turned out to be an ornate farrago of errors.

But there are apparently quite a number of them, including the seventh Earl of Cardigan, who got a severe beating after him the Duke of Wellington, who ended up as a pair of pants and a cooling apple, and a certain naval war general named Raglan, who turned out to be an ornate farrago of errors.

The Streamlined Potato

## Will You Have Deep Eyes And Be Easier To Peel

The work of the professional plan-breeders is not designed to aid the sportsman, but a new potato has been followed by the idea of the streamlined potato.

Such a variety is one of the chief goals of potato specialists everywhere.

The streamlined potato is an elongated one, with eyes which are

more economic, the newer shallower-eyed varieties may be peeled more easily.

Let the reader understand of course, that the streamlining of potato is a gradual process. Our latest varieties are improvements, but still shallower eyes may be expected in later models.—Scientific American.

## Underground Post Office

### South Australian Opal Field Has Only One In World

Cocher, Postmaster of remote South Australian opal field, possesses the only underground post office in the world. The prospectors live in "rooms" cut into the soft earth of the big sandstone hills. Here, too, is their bank and their post office. Cocher Pedy, is the aboriginal name for white man's burrow.

## Medicated Vaseline

Modern transport, press and marine

are creating in England what Earl Baldwin describes as "standardized" products.

They already have too much of them,

states the Farmer's Advocate. Rural

people accept all too plausibly the urban viewpoint, and wholesome rural independence is becoming inarticulate.

## Must Choose Your Own

### No Standard Diet For Arthritis

What you eat, according to one moreover who specializes on the subject, says that "red" meat won't hurt you if you are rheumatically inclined, that's news. Dr. Douglas Taylor's pronouncement to that effect, made just before setting out to attend a convention in Halifax at which rheumatism was expertly discussed, should set the heater on fire with a vengeance.

For we have always been taught, generation after generation of us, that meat was bad for rheumatic subjects, and red meat something worse than merely bad. Every one was inclined to freeze creases to the stage of gnarled and burning joints, has been told by the family physician or the specialist-expert to eat from his diet certain foods, chief among them red meat of various kinds.

And now along comes Dr. Taylor and blows that venerable belief sky-high. There is, it appears, no such thing as a "good" diet, and there is no such thing as a "bad" diet. You can eat your own salvation by fitting your diet into your own brand of rheumatism.

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that meat was bad for rheumatic subjects, and red meat something worse than merely bad. Every one was inclined to freeze creases to the stage of gnarled and burning joints, has been told by the family physician or the specialist-expert to eat from his diet certain foods, chief among them red meat of various kinds.

And now along comes Dr. Taylor and blows that venerable belief sky-high.

There is, it appears, no such thing as a "good" diet, and there is no such thing as a "bad" diet.

You can eat your own salvation by fitting your diet into your own brand of rheumatism.

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